



HANS RAJ SMARAK SCHOOL

“Celebrating Achievements, Inspiring Growth”

Pratibimb

“THE REFLECTION”

NOVEMBER ISSUE, 2024



DISCIPLINE- A DISTANCE BETWEEN DREAMS AND REALITY



Discipline is a fundamental part of a student's education and character development. It forms the backbone of a successful and fulfilling academic life. It helps students develop values like respect, punctuality and responsibility. It is crucial in a student's life because it creates foundation for success and personal growth. It is the basis of every human conduct. A well-disciplined student is able to balance academics, extracurricular activities and personal life and knows how to allocate time effectively. Students should prioritize tasks and stick to a schedule to enhance his productivity and should adapt this, in their life to reduce distractions and focus on their long-term goals. Discipline in one's life paves the way for success and prepares for future challenges. A human body functions effectively when all the body parts perform their function properly, in the similar manner, when we embrace discipline in our lives, we lead our way to a sustainable success. It's a skill that once cultivated, serves us throughout our lives.

Discipline is just not a rule-bound system, but a pathway to empowerment.

Bhupinder Mahajan
(Chairman, HRSS)

MORAL VALUES- GATEWAY TO A PROMISING FUTURE



Moral values means having strong roots that assist a person in deciding between right and wrong. Moral Values are important components of any individual's character which should be taught right from childhood. A strong character is made by virtues and values that kids learn during their early childhood. It lays the foundation for the future. Good values like kindness, modesty, honesty and respect for all, should be inculcated in children which can guide them to the right path in life. Children should be motivated to respect their elders, as our Indian culture itself considers parents to be worshipable after God. Parents and elders are the incarnation of God which must be revered by all of us. So every child should express his gratitude towards his parents, be mindful towards them and admire the time, energy and resources they have invested in upbringing them. Thus an early exposure to moral values can help a child build a strong foundation for a rewarding future. We at Hans Raj Smarak School (Krishna Nagar) leave no stone unturned to inculcate moral values in our students, to help them develop a positive outlook and mental well-being. We assure to strive and bring the best in every student, both ethically and morally.

B.N MAHAJAN
(MANAGER, HRSS, KRISHNA NAGAR)



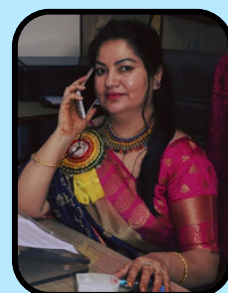
It is an overwhelming feeling that I experience with the release of School E – News Letter for the year 2024. I am glad to know that Hans Raj Smarak School, Krishna Nagar Delhi presents a distinct and unique blend of Traditional and Modern Education. I would like to congratulate the Entire Hans Raj Family for making an indelible mark in academic, Sports and Cultural Fields.

Dear Readers, Our Strength comes from our will. So, always think high and dream high. Only then you can touch the sky. My advice to the generation of learners is to have confidence in their school capability to bring quality education.

At last but not the least, I would say in any project the important factor is your belief. Without belief, there can be no successful outcome.

Arun Kumar Mahajan
(General Secretary, Hrss)
(Manager, Hrssss, Dilshad Garden)

“The highest education is that which does not merely give us information but makes our life in harmony with all existence.”- Rabindranath Tagore



Dear Parents, Students and Well-Wishers of the HRSS family.

Warm Greetings to all of you.

It fills me with immense joy and profound pride to present the first edition of our e- Newsletter, PRATIBIMB - The Reflection. This publication reflects the vivid picture of our school life. It offers a window into the exceptional achievements, remarkable talents and creativity of our students and also highlights the important School Events, Cultural Celebrations and Co-curricular activities.

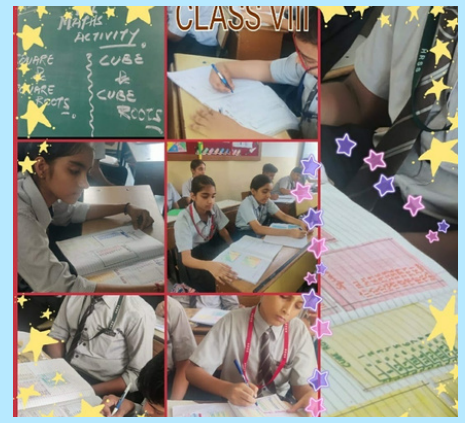
As the Principal of the school, I am honoured and humbled to be a part of an educational institution where every stakeholder is a lifelong learner and each day unfolds new opportunities for exploration and enlightenment.

I take this opportunity to extend my heartfelt gratitude to every one of you for your steadfast support, love and concern for the school, which enables and encourages us to strive hard to carry forward our mission of imparting knowledge steeped in values and virtues.

Together, we can ensure to make this institution a modern yet pious temple of learning through our diligence, devotion and dedication, where every child blossoms into a confident and well-rounded individual, ready to embrace the world.

May this journey of ours be filled with inspiration, growth and success for all of us.

Best Wishes and Warm Regards
Anju Sharma
Principal, HRSS



ACADEMICS

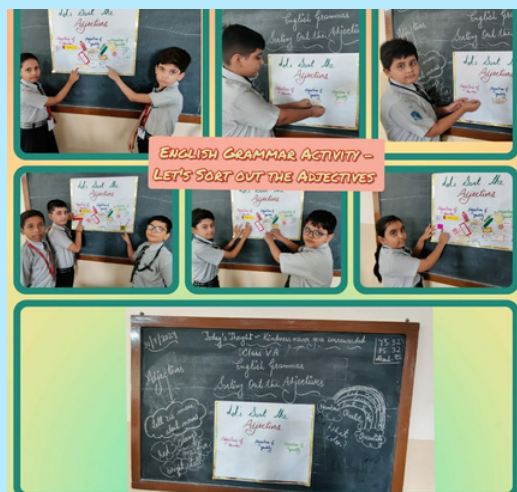
“Education is not the learning of facts, but the training of the mind to think.”— Albert Einstein

“Learning to lead- Think outside the classroom, Embrace Education”

Reading Corner- Our school strongly believes in learning par excellence to provide the students all - round quality education aimed at character building and sound development of a child's personality right from the nascent stages. The students felt happy and comfortable in carrying out reading-learning activities at the reading corner, organized in the classroom – A space dedicated to allow the students to experience the joys of reading.

Fun-filled Mathematics Activities —The only way to learn Mathematics is to do Mathematics

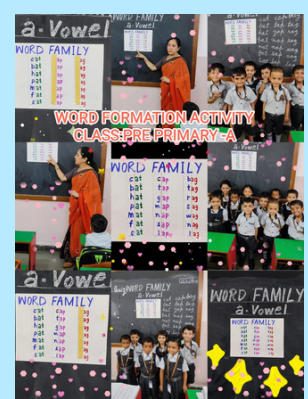
Interesting activities were undertaken to explain different mathematical concepts to the students in order to boost their cognitive domain, creativity and confidence. The students enthusiastically participated in different activities- Division with smile, Integers Activity and Let's Understand Cube and Cube Roots respectively, that ensured the reinforcement of newly acquired knowledge by the students to prior information, especially in core subject like Mathematics. Such hands-on-activities let their minds grow, helped them to retain information through active learning in the classroom and encouraged them to overcome the fear of Mathematics.



THE ENDEARING MUNCHKINS

PLAY ! LAUGH! GROW!

Numerous playful and educational activities were organised for the tiny tots to develop their motor skills, such as- Leaf painting, Vegetable painting, Mother's Day card making, Non- fire cooking . Role model is yet other way to teach the young learners to admire their culture and environment. “ Dress as your favourite freedom fighter” , “ Fancy dress competition” , “ Desh bhakti geet” were the activities, where these learners learnt the values of sympathy, compassion and appreciation. “ Learning while doing” is yet another important concept that the teachers work upon and in alignment with the same ,engaged the young learners in various hands-on-activities such as learning through Flash cards . Children were given an opportunity to explore their environment and express their feelings.



House System

"Learning is not the product of teaching. Learning is the product of the activity of learners." -- John Holt

Unlocking Minds, Unleashing Potential- Our school has a House System under which the students from each class are equally divided into three groups. Each group is assigned a house which are named after the core traits to achieve success in life, that is; Pragati, Unnati and Kirti and are also represented by a specific colour. The school observes the following three houses:

1. Pragati (Blue)
2. Unnati (Green)
3. Kirti (Red)

A comprehensive calendar of inter - house literary, cultural and sports activities like quizzes, art and craft activities, clay moulding, essay writing etc. encouraged a sense of healthy competition among the students, along with holistic development.



Special Assemblies

THE HIGHLIGHTS OF THE ASSEMBLY ARE:
Azadi ki Jung - A Tribute to Unsung Heroes

- **Kargil Vijay Diwas-** Unnati House students sparked patriotism by celebrating the 25th Kargil Vijay Diwas and paid tribute to the valor and sacrifices of the Indian Armed Forces.
- **Quit India Movement** - A dramatic presentation was performed by the students of Kirti House to commemorate the 82nd anniversary of the Quit India Movement.

Important Days Celebration

- **Rabindranath Tagore Jayanti** - Students of Pragati House celebrated Rabindranath Tagore Jayanti to commemorate the birth anniversary of the eminent Bengali poet as a reminder of Tagore's timeless wisdom and artistic brilliance.
- **National Sports Day** - A delightful presentation was showcased by the students of Kirti House aimed at spreading awareness about the importance of physical activities and sports in life.
- **Janamashtami Celebration** - Janamashtami was celebrated with joy and enthusiasm by the students of Kirti House. Glimpses of Sudama Milan followed by the enchanting dance performance enhanced the divine atmosphere.
- **Teacher's Day-** Pragati House students celebrated Teacher's day. The assembly began with chanting of mantra Guru Brahma, Guru Vishnu and the students expressed their gratitude towards the teachers by giving short speeches.
- **Doctor's Day** - Students of Unnati House celebrated Doctor's Day by presenting a dramatic skit to acknowledge the contributions of doctors towards mankind.



KNOWLEDGE IS POWER

(COMPUTER / LIBRARY / ART ACTIVITIES)
'ANGEL CRAFTERS'

Under the guidance of the teachers, our students made different creative art and craft work such as Clay moulding, Collage making, Lippan art, Flower making, Sketching and Shading, Diya and Candle decoration, Paper bag making.

'When in Doubt, Go to the Library'

Our school offers a dynamic campus environment with well-stocked library. Various reading programmes are regularly conducted to sensitize students to face challenges with confidence and a positive outlook. Our school library aims to provide a user-friendly platform to our students. It offers students the benefits of a good reading environment.

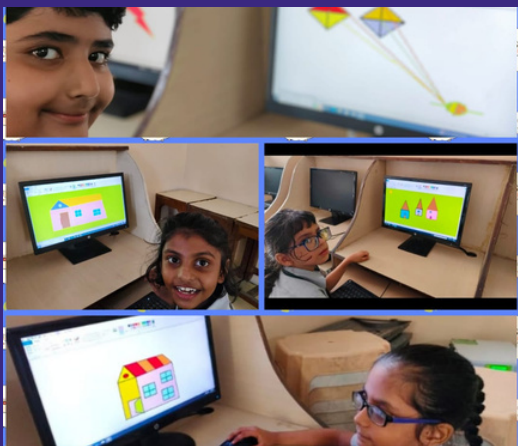
'DIGITAL EXPRESSION OF CREATIVITY'

Our school offers an environment with state-of-the-art infrastructure with smart classrooms, computer lab to align with the tenets of skill-based education. Our computer labs help students to learn, do research and explore various skills. Students can relate to concepts better when they see what their teachers taught in the classroom. The school has been a forerunner in fostering 21st century skills by introducing Artificial Intelligence and new techniques to enhance the learning experience.

SHIKSHA SAPTAH- A JOURNEY UNFOLDS

EDUCATION- A PASSPORT TO A BRIGHT FUTURE!

In alignment with the Shiksha Saptah, a week-long celebration was organized in school, in the month of July incorporating activities like TLM (Teaching Learning Method), Sports and fitness activities, Plantation drive, Eco Clubs for Mission Life Day and Cultural activities. Each day of the week was dedicated to a specific theme, showcasing various aspects of education and development. Shiksha Saptah was a remarkable event that highlighted the importance of holistic education. It provided students with various opportunities to learn, explore and grow in various academics and non-academics domains.





GREEN CHOICES FOR A CLEANER PLANET

‘SAVE ENVIRONMENT, SAVE LIFE’

Eco Club of school organized ‘Mission Life’ campaign in school, promoting environment sustainable lifestyles. Students participated in various awareness programmes such as Quiz, Painting competitions, Poster and Slogan making competitions where they expressed their ideas regarding various themes of Mission Life- like Plantation Drive, Cleanliness Drive, Save Water-Save Energy, Elimination of single use plastic, Reduce waste and adopting healthy lifestyles. Students enthusiastically participated in Tree Plantation Drive – Ek Ped Ma Ke Naam , where they planted a sapling with their mothers, which helped them to learn the importance of trees for maintaining an ecological balance. These eco activities have instilled in students a sense of responsibility towards the environment and taught them practical ways to contribute to a greener future.



CHAMPION CHRONICLES

(ZONALS / SPORTS / YOGA ACTIVITIES)

The Bhagavad Gita quotes - "Yoga is the journey of the self, through the self, to the self."

Our school participated in numerous competitions at the Inter House level, Inter School level & District level, across different age groups to encourage a sense of healthy competition. Our students enthusiastically performed well-synchronised yoga asanas to show their physical & mental well-being in various zonal events organized during the session and gave an incredible performance. Some of the events were- Slogan Writing, Painting, Mono Acting, Patriotic Song, Nukkad Natak, Poem Recitation, Group Yoga, Paper Mache, Collage Making, Declamation, Poster making, Hindi Debate, etc.

STAR JAR - MEET OUR STARS:

JASKARAN SINGH – First Position (Paper Mache)

DAIWIK NAGAR – First Position

(All India Karate Championship)

SWASTI JAIN, JIYA SHARMA, ALFIZA, VRINDA

JUNEJA & KANISHKA – First Position

(Table Tennis – Girls)

NETRA DOGRA & PRIYAL – Third Position (Chess)

TANPREET SINGH, AKSHAT JAIN, AHUSHAY

SINGH, VANSH & PARTH SHUKLA –Third Position

(Table Tennis – Boys)

GARV BHATT & KANAV BHATT – Second Position

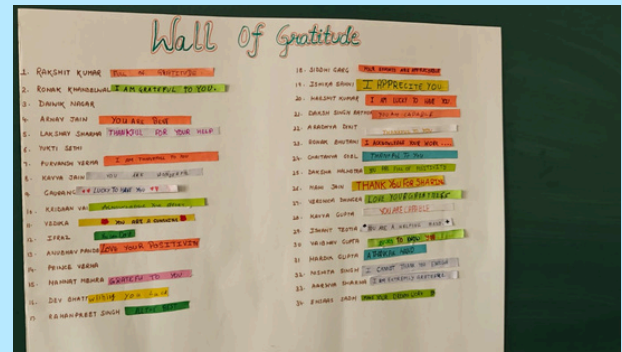
(Roller Sports Race)



HAPPINESS UNVEILED

Explore, Experience and Express Happiness

In this session, we introduced Happiness classes, as we aim to create a holistic education system. Various activities like mindful breathing, mindful walking and mindful eating were conducted in all the classes to develop critical thinking and self-expression in each student and make them happy human beings. Teachers planned mindful activities for each class to cater to the diverse needs of each student. Meditation, value education and mental exercises brought a transformation in the thinking abilities of the learners. Children were given a large workspace to pour their thoughts and positive feelings for their peers. Overall, these activities helped to manage stress in students and promote their mental well-being.



CULTURAL EVENTS

INDEPENDENCE DAY

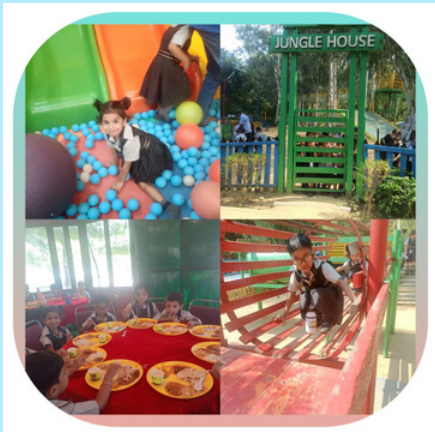
In a fantastic display of creativity and patriotism, our students embarked on a unique journey to celebrate Independence Day. Guided by the spirit of freedom, students performed Katputli dance, Patriotic song and dance. Speech was delivered to highlight the importance of Independence Day. The school was decorated with tricolor flags, balloons & festoons, creating a festive atmosphere. The Colourful and vibrant atmosphere transported the audience into the heart of traditional Indian culture, replete with rhythmic beats and traditional costumes.



FOUNDER'S DAY

Founder's day is an occasion to express gratitude and value the legacy that our school holds and honour the vision and dedication of our founders. Our Hans Raj family and other notable dignitaries graced the momentous occasion. Students of the school enthusiastically explained the women empowerment through a mesmerizing dance performance. The audience was mesmerized to see the nine swaroops of Goddess Durga, beautifully showcasing the triumph of good over evil. The rhythmic beats, colorful attire and infectious energy filled the air, creating a joyous atmosphere of unity and celebration. The event was a vibrant amalgamation of gratitude, tribute and celebration.





EXPLORING NEW HORIZONS

‘Just education is not enough, children must have sunshine, freedom and playtime’

School organised an educational and memorable excursion for students of classes III to VIII to three iconic locations in Delhi: Nehru Planetarium, Pradhan Mantri Sangrahalaya and the War Memorial.

The day began with a visit to the Nehru Planetarium, where students were mesmerized by the wonders of space and astronomy. They enjoyed a captivating 2D show and explored the wonders of Universe. Afterwards, the students headed to Pradhan Mantri Sangrahalaya. The highlight of this visit was an opportunity for the students to take a virtual selfie with the Prime Minister. The excursion concluded with a poignant visit to War Memorial, a tribute to bravery and sacrifice of soldiers who served the nation.



E.O.D ADVENTURE PARK, MAYUR VIHAR

Students of Pre school, Pre Primary and classes I & II went for a picnic on 18th October, 2024. The tiny tots enjoyed a delightful day at E.O.D Adventure Park, Mayur Vihar. The outing was filled with excitement, laughter and a range of activities tailored just for them.

The young adventurers kicked off the day with a ride on a mini train which took them on a scenic tour of the park. They enjoyed fun- filled activities like- Jungle House, Bouncy, Swings, Slides , Soft Play Ball Pool , Educational Movie, D. J. and many more. Students had a great time dancing on the thumping dance numbers. Packed with their favourite snacks and scrumptious lunch, the picnic was a wonderful break and opportunity for tiny tots to relax and refuel.

EMPOWERING EDUCATORS

‘Learning is a lifelong process of keeping abreast of change’

Teachers had the privilege of attending a three days interactive and impactful workshop at D.I.E.T. The workshop focused on student-centric teaching methods, Happiness curriculum and capacity building programs, empowering the teachers with new skills and knowledge , preparing them to meet the evolving demands of modern education.

Teachers also attended a training programme on ‘Rain water harvesting’ organized at ‘Mahatma Gandhi Institute for Combating Climatic Change’, Alipur, enhancing the horizons of teaching and learning.

